

**MAINE COMMUNITY COLLEGE SYSTEM**

**HEALTH AND SAFETY  
Section 800.3**

**SUBJECT: INTERCOLLEGIATE ATHLETIC COACH CERTIFICATIONS**

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**PURPOSE: To establish uniform health and safety standards for MCCS  
intercollegiate athletic coaches**

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**A. Purpose**

The purpose of this procedure is to promote the safety of intercollegiate athletes by requiring certain health and safety training of intercollegiate coaches.

**B. Definitions**

For purposes of this procedure, "coach" shall mean any person who coaches an intercollegiate athletic team as a head or assistant coach.

**C. Requirements**

A person shall be eligible to coach in any intercollegiate athletic contest, provided the person satisfies all of the following requirements.

**1. CPR/AED**

- a. Every coach must have current basic CPR (cardiopulmonary resuscitation) and AED (automated external defibrillator) certification.
- b. To maintain currency, each coach must renew the CPR/AED certification every two years.
- c. Certification by any of the following will meet this CPR/AED requirement:
  - (1) American Red Cross (one-year certification);
  - (2) American Heart Association (two-year certification);
  - (3) Emergency and Safety Institute (two-year certification); or
  - (4) An equivalent qualified entity or person such as a certified athletic trainer, college nurse or EMT.

## **2. Sport First Aid**

- a. The coach must have current Sport First Aid certification.
- b. To maintain currency, each coach must renew the Sport First Aid certification every five years.
- c. Any of the following will meet the requirement of the Sport First Aid certification:
  - (1) American Red Cross Sport Safety Training;
  - (2) Maine Athletic Trainers' Association course;
  - (3) American Sport Education Program Sport First Aid course;
  - (4) First Aid reflected on a college transcript taken within the previous five years;
  - (5) National Federation of State High School Associations Sport First Aid Program; or
  - (6) Equivalent Instruction that includes the following:
    - (a) Sport First Aid Game Plan;
    - (b) Anatomy and Sport Injury Terminology;
    - (c) Primary Survey and Providing Life Support;
    - (d) Secondary Survey and First Aid Techniques;
    - (e) Moving Injured or Sick Athletes;
    - (f) Respiratory Emergencies and Illnesses;
    - (g) Closed Head and Spine Injuries;
    - (h) Internal Organ Injuries;
    - (i) Sudden Illnesses;
    - (j) Weather-Related Problems;
    - (k) Upper Body Musculoskeletal Injuries;
    - (l) Lower Body Musculoskeletal Injuries; and
    - (m) Facial and Scalp Injuries.

### **D. Implementation**

Each person who is coaching on the date (noted below) that this procedure is adopted shall have twelve (12) months from that date to obtain the above CPR/AED and Sport First Aid certifications. Each coach who is hired or appointed after the date that this procedure is adopted shall have twelve (12) months after the coach's date of hire or appointment to obtain such certifications. Each college shall determine the eligibility of coaches prior to the first day on which the team practices, including practices scheduled to determine the members of the team.

**E. Cost**

Fees for any certifications required under this procedure shall be paid or reimbursed by the college.

**F. Records**

Each college shall maintain records of their coaches' certifications

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REFERENCES: 20-A M.R.S.A. §12706(1)

DATE ADOPTED: May 24, 2011

DATE(S) AMENDED: