The Austrian tourism school is a five year secondary-level boarding school. Students learn to prepare Austrian cuisine and serve at table. Bradeen’s group watched graduating students do their “galas”—final examinations. They plan, prepare, and serve a seven-course meal for their instructors and must do it all perfectly.

Likewise SMCC’s group both cooked and served. It took about five hours to prepare each menu. Bradeen found timing the hardest. Measurements were metric, so “I had to stop, think, and talk it out with my group. We had to finish on time.”

Bradeen completed her culinary arts program in three semesters. In June she will have her culinary arts associate degree and two diplomas in Austrian cooking. She describes Early College for ME as “a wonderful program. The people are incredibly helpful—probably the reason I finished early. They kept me on track!”

International Travel? A Great Idea!

SMCC Student: Twice to Austria

Lindsay Bradeen took Southern Maine Community College’s Austrian Study Tour last year. An Early College for ME senior and Honors student in culinary arts, she spent two weeks in June at one of Austria’s premiere tourism schools being taught by Austrian chefs. She’s going again in June 2010.

Bradeen likes the Austrian culture around food. Meals are formal, sit-down affairs and students have to dress properly. Breakfast is healthy: fresh fruit, milk, juice, cheese, lean meat or eggs—not both—and bread. Desserts aren’t sweet. Austrians use a lot less sugar than we do.

While in Vienna, Bradeen marveled at the open-air market with huge selections of produce and meats and that the Viennese shop there every day.

The Austrian trip is primarily for SMCC culinary and hospitality students, though others can go. Chef Wil Beriau, SMCC’s culinary arts chair, directs and escorts the tour. Students pay about $2,700 for the two weeks. “Don’t let that be a roadblock,” Bradeen says. “bake sales, friends, teachers… There’s always a way.”

CMCC Student: Three Times to Honduras

Jacob Thomas went to Honduras twice on church mission trips and again on his own. An Early College for ME student, he was schooled at home in Orrington and at United Technologies Center. He’s a senior and Phi Theta Kappa at Central Maine Community College. After earning his associate degree in auto tech in May, he plans a bachelor’s degree in engineering.

Honduras meant travel. He liked the simplicity and the slower pace. He was surprised at the poverty, yet “the focus,” he says, “is on people, not things.” And the food? “Incredibly good—tortillas, eggs, cheese, tons of fruit. With $2, you can eat for three days.”

Thomas recommends mission work to help others and also “to see something different, appreciate what you have, and get outside the ‘America bubble.’”

NMCC Student Has a Special Plan

Kassandra Dumais is a senior Honors student in early childhood education at Northern Maine Community College. She works part time and is planning her wedding for August 20.

An Early College for ME student, Dumais uses a planner to stay organized and says, “I set my mind” to being successful in college. Dumais did her field experience in a variety of settings and wants to work with children with special needs. She graduates in May.
"[ECforME] helped me overcome my fear of college." — Erica Tweedie, Bangor High School '08, Early Childhood Education, EMCC

www.earlycollege.me.edu

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Presque Isle

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Calais

York County Community College
Wells

ECforME 1st- and 2nd-Year College Students
Fall Semester Honors List *Honors 2 or More Semesters
PHI THETA KAPPA NATIONAL HONOR SOCIETY
Spring 2010 Inductees

*Chelsea Corson (Skowhegan '08) Mental Health KV '10
Brian Kears (Brewer '09) Automotive CM
Erika Kerr (Winslow '09) Liberal Studies KV
Sydney Nichols (Lawrence '09) Education-Early Childhood KV
*Danielle Steadman (Bangor '08) Business Mgmt EM
Brittany Thompson (Biddeford '09) Criminal Justice YC

HONORS

Zachariah Beagle (LRTC/Lewiston '09) Business Admin-Mgmt CM
Cody Dupee (Washington Academy '09) Building Construction WC
Thaddeus Gorence (Caribou '09) Accounting Info Systems NM
Cassandra Grant (Oxford Hills '09) Early Childhood CM
Ali Hoy (UTC/Bangor '09) Culinary Arts EM
*Jacob Thomas (UTC/Home-schooled '08) Automotive Tech CM '10
Timothy Voisine (SJVT/Fort Kent '09) Electr Constr-Maint NM

Desiree Abbott (Mt. Abram '09) Liberal Studies KV
Ali Addan (Portland '09) General Studies SM
Brenda Allen (Jay '08) Behavioral Health-Human Services SM
*Ashley Ayotte (SVTC/Windham '08) Medical Office Admin NM '10
*Jonathan Bingham (Orono '08) Electrical Tech EM
*Michelle Blake (Richmond '08) Early Childhood EM '10
Allison Bowers (Lawrence '08) Liberal Studies KV '10
*Lindsay Braden (Bunny Eagle '08) Culinary Arts SM '10
Jessica Breton (Winslow '09) Health Science KV
Jade Clipping (Katahdin '09) Business Mgmt EM
*Troy Cushing (Boothby '08) Indust-Electrical-Electronics KV '10
*Courtney Cyr (Presque Isle '08) Accounting Info Systems NM
*Alexandria Dame (Central Aroostook '08) Nursing NM '10
*Kevin Demmons (UTC/Old Town '08) Electr Constr-Maint NM '10
Antonio DeSanctis (Mt. Blue '09) Plumbing WC
*Kassandra Dumaix (Presque Isle '08) Early Childhood NM '10
Nicole Eggen (Mt. View '09) Education-Early Childhood KV
Corey Emmons (Bunny Eagle '08) Business Admin SM
Alison Fitting (Noble '08) Business Admin YC
Jason Franklin (Skowhegan '09) Electrical Lineworker KV
Catherine Geren ( Gorham '09) Culinary Arts SM
Patrick Griffin (Lawrence '09) Plumbing-Heating NM
Molly Hamm (Marshwood '09) Liberal Studies YC

Cody Hand (Hodgdon '09) Liberal Studies EM
Nicholas Hayden (Skowhegan '08) Liberal Studies KV
*Melissa Henes (Greely '08) Liberal Studies SM
Seth Hopkins (UTC/Old Town '09) Plumbing WC
Mustafa Jamal (Gorham '09) Business Admin SM
Mary Johnson (Woodland '09) Medical Assistant WC
Jesse King (Presque Isle '09) Computer Electronics NM
Joshua King (MCST/Medomak Valley '09) Integrated Mfg SM
Kristi LaCasce (Foxcroft Academy '09) Surgical Tech EM
*Nicole L alberte ( Lewiston '08) Accounting CM '10
Rebecca Leavitt (Edward Little '09) Early Childhood CM
Stephen Lemont (Sanford '09) Communications-New Media SM
Joshua Lenentine (Houlton '09) Diesel Hydraulics NM
*Tiffany Lougee (Foxcroft Academy '08) Radiol Tech-Med Radiog CM
Cyril Lunt (Freeport '09) Liberal Studies SM
*Amanda Lynds (Presque Isle '08) Medical Radiography EM
*Kyle Mahar (UTC/Brewer '08) Computer Aided Drafting-Design EM '10
Cassandra Mangan- Correa (Cony '09) Culinary Arts SM
Mia McGill (Gorham '09) Computer Tech SM
*Phillip Moulton (CATC/Gardiner '08) Computer Integr Machining EM '10
Danielle Murturah (Bangor '08) Medical Transcription EM '10
*Katie Parmenter (Westbrook '08) Liberal Studies SM
Erika Pelkey (Caribou '08) Medical Office Admin NM
Colin Plourde (Windham '08) Liberal Studies SM
*Amanda Powers (Lewiston '09) Liberal Studies EM
Joseph Rankin (Sacopee Valley '08) Business Admin SM
Sarah Robertson (Bangor '08) Medical Radiography EM
Heaven Rogerson (Bangor '09) Liberal Studies EM
*Jennifer Rolfe (Narragansett '09) Early Childhood EM
*Erica Tweedie (Bangor '08) Early Childhood EM '10
Andrew Wilson (Lawrence '09) Applied Electronics-Computer Tech KV

"Any questions I had were answered quickly and clearly.
The support is always there when you need it."
— Cody Dupee, Washington Academy '09, Building Construction WCCC